

# **Appendix I: The United Nations Convention on the Rights of the Child**

## **Article 2**

You have rights no matter who you are, where you come from, your gender, religion, culture or language, if you have a disability or how much money you have. You deserve to be treated fairly.

## **Article 3**

All grown-ups should act in your best interest. This means they always do what is best for you, and make sure you are always well taken care of.

## **Article 12**

You have the right to voice your opinion and to be listened to.

## **Article 19**

You have the right to be protected from violence and to be safe at all times.

## **Article 24**

You have the right to the best health care possible: places to help you if you're sick, medication if you need it, things like safe drinking water and food that is good for you.

## **Article 27**

You have the right to have your basic needs met, which means having access to food, clothing, and a safe place to live.

## **Article 28**

You have the right to a good education, and to be encouraged by grown-ups to keep learning as long as you can.

## **Article 30**

You have the right to practice your own culture, language and religion.

## **Article 42**

You have the right to know your rights as a child. It is the responsibility of grown-ups to know your rights and make sure that you know them too.

\*Adapted from the First Nations Child & Family Caring Society information sheet [Child-friendly Convention on the Rights of the Child](#).